



# July 2024

## MHA Drop-In Program Activities

**July 2<sup>nd</sup> – NO Drop-In this week – HAPPY 4<sup>th</sup> of July**

**July 9<sup>th</sup> – Tuesday – 1-4pm – Mt. Carmel Baptist in Carmel – Open Mic**

Come join us for some pizza, salad, and some summer crafts (Rockify and Tile Painting). We will have **Open Mic w/Larry** bring a poem or joke to share OR just sit and enjoy! Please Park in the Wenco Plaza parking lot off Fair St and enter through the white fence. *Please do NOT park in the church driveway.*

**July 16<sup>th</sup> – Tuesday – 2:30pm @ Wendy’s in Carmel**

Meet MHA at 2:30pm at Wendy’s and we will buy you a “biggie meal”. This is a great opportunity to meet new people. Come join us!

**July 23<sup>rd</sup> – Tuesday – 1-5pm – Painting Party @ Conerstone Park in Carmel**

Lunch will be served from 1pm-2pm, **the painting party will begin promptly at 2pm.** Attendees must RSVP to Alice by July 16<sup>th</sup> (845) 278-7600 x204 to ensure we have enough materials. Please Park in the Wenco Plaza parking lot off Fair St.

**July 30<sup>th</sup> – Tuesday – Movie Matinee at Carmel Cinema**

Meet MHA at the Carmel Cinema and we will buy a ticket for a Matinee Movie. **We will only be at the theatre for half an hour, come during that time to get your paid ticket.** Call Angela for the exact time to meet MHA. (845) 803-9041



**MHA Warmline**  
**Monday through Friday 10am-3pm**  
**(845) 278-7600**



**This is a stressful time for everyone...reach out and connect!**  
**You are not alone...peer support means that we’ve been there, and we care!**

*Please do NOT attend any MHA events if you have symptoms (fever) or have been exposed to COVID, flu, RSV, or any other virus! We would like to protect our staff and their families.*

[mhaputnam.org](http://mhaputnam.org)

(845) 278-7600 | 1822 Route 6, Carmel, New York 10512