



COMMUNITY RESOURCE GUIDE

This guide is not indicative of all agencies within Putnam County, but is intended as a quick reference for identified issues facing many community members.

ABOUT THE GUIDE

The Community Resource Guide was developed by the Community Resource Group, which consists of local human service providers from agencies such as:

Brewster Central School District

Carmel Central School District

Catholic Charities Community Services

CHHUNY (Children's Health Homes of Upstate New York)

Fidelis Care

Mahopac Central School District

MVP Health Care

NYSEG (New York State Electric & Gas Corp)

Open Door Family Medical Center

Putnam Community Action Partnership/WestCOP

Putnam County Health Department

Putnam Hospital- Nuvance Health

Putnam Valley Central School District

Trinity Lutheran Church

United Way of Westchester and Putnam

This guide is not indicative of all agencies within Putnam County, but is intended as a quick reference for identified issues facing many community members. Agencies/community members are encouraged to copy the guide and distribute as needed.

If you would like your agency to be included in this guide or edit the information regarding your agency, please contact Putnam Community Action Partnership's Director at (845) 278-8021, ext. 13 or send an e-mail to: moleary@westcop.org. A revised edition of the guide will be distributed approximately once a year.

TABLE OF CONTENTS

ALCOHOL & SUBSTANCE ABUSE	1
ART RESOURCES	5
CHILD CARE	6
DISABILITY	7
DOMESTIC VIOLENCE RESOURCES	9
EDUCATIONAL RESOURCES	10
ELECTRICITY/UTILITY ARREARS OR DISCONNECTIONS	14
EMPLOYMENT	16
ESL	17
EVICION PREVENTION	18
FAMILY SUPPORT	20
FIRE & OTHER NATURAL DISASTERS	23
FOOD, CLOTHING, SHELTER & FINANCIAL NEEDS	25
HEALTH INSURANCE	30
HIV-RELATED RESOURCES	32
HOME CARE SERVICES	34
HOME ENERGY NEEDS	36
HOUSING NEEDS	37
IMMIGRATION SERVICES	38
LEGAL SERVICES	39
LGBT RESOURCES	43
MEDICAL CARE	45
MENTAL HEALTH SERVICES	48
RECREATION PROGRAMS	51
SENIOR RESOURCES	54
TRANSPORTATION SERVICES	55
VETERANS RESOURCES	56
YOUTH RESOURCES	57

ALCOHOL & SUBSTANCE ABUSE

Al-Anon

Call for locations

(914) 946-1748

(800) 939-2770 (Spanish)

www.westchesterputnamalanon.org

Services Offered: Support for family members of alcoholics

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Alcoholics Anonymous

Call for locations

(212) 647-1680 (hotline for questions, 9:00 am – 2:00 pm)

www.nyintergroup.org

Services Offered: Support for those struggling with alcohol abuse

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Arms Acres

75 Seminary Hill Road, Carmel, NY 10512

(845) 225-3400

www.armsacres.com

Services Offered: Outpatient and inpatient treatment services for alcoholism and chemical dependency. Clinic service groups.

Fees/Payment Methods: Private insurance, Medicaid & sliding scale fee for the uninsured

Languages Spoken: English, Spanish (counselors)

Brewster Cares

31 Prospect Street, Brewster, NY 10509

(845) 279-6146

<https://brewstercaresny.org>

Services Offered: Alcoholics Anonymous program in Spanish, classes are held at 468 North Main Street in Brewster, NY on Mondays from 7-8:00 pm, please use the entrance at the back of the building, meetings are held on the second floor

Fees/Payment Methods: Free

Languages Spoken: Spanish

CoveCare Center

1808 Route 6, Carmel, NY 10512

(845) 225-2700

www.covecarecenter.org

Services Offered: Out-patient clinic for alcoholism and substance use treatment. Offers individual, group, couple and family counseling to individuals who suffer from alcohol and substance abuse, and their families. Also offers case management, mental health and rehabilitative services.

Fees/Payment Methods: Private insurance, Medicaid, Medicare, sliding scale fee for those who are uninsured

Languages Spoken: English, some bi-lingual therapists

Drug Crisis In Our Backyard

(914) 582-8384

www.drugcrisisinourbackyard.org

Services Offered: Provides education and action-oriented opportunities for families and individuals struggling with addiction

Fees/Payment Methods: Free

Languages Spoken: English

Narcotics Anonymous

Call for locations

(212) 929-7117 & (914) 929-6262

www.newyorkna.org

Services Offered: Support for those struggling with drug abuse

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Putnam County Youth Bureau- Pegasus Program

110 Old Route 6, Bldg. #3, Carmel, NY 10512

(845) 808-1600

www.putnamcountyny.com/youth

Services Offered: Pegasus Program for youth ages 5-14 years old who have a parent or family member suffering from alcoholism or other drug dependencies

Fees/Payment Methods: Free

Languages Spoken: English

St. Christopher's Inn

21 Franciscan Way (NYS Route 9), Garrison, NY 10524

(845) 335-1000

www.stchristophersinn.org

Services Offered: Shelter for homeless men, and day-treatment, day out-patient, 90 day treatment programs, 21 day shelter program and ambulatory detox

Fees/Payment Methods: Medicaid, sliding scale for those who are uninsured, most private insurance

Languages Spoken: English

The Delancey Street Foundation

100 Turk Hill Road, Brewster, NY 10509

(845) 278-6181

www.delanceystreetfoundation.org

Services Offered: A 2-year non-medical educational and vocational residential adult facility for former substance abusers and felons

Fees/Payment Methods: Free

Languages Spoken: English

The Lexington Center for Recovery

24 Smith Avenue, Mount Kisco, NY 10549

(914) 666-6740

www.lexingtonctr.org

Services Offered: Multi-service clinic for anyone affected by alcohol and/or substance abuse; services include: comprehensive assessments, group and individual counseling for adults and adolescents, family counseling

Fees/Payment Methods: Call, varies by program

Languages Spoken: English, Spanish

The Prevention Council of Putnam

67 Gleneida Ave, Carmel, NY 10512

(845) 225-4646

www.preventioncouncilputnam.org

Services Offered: Provides education/trainings for the community and referral services for individuals/families

Fees/Payment Methods: Free

Languages Spoken: English

Walter Hoving Home

40 Walter Hoving Road. Garrison, NY 10524

(845) 424-3674

www.hovinghome.org

Services Offered: Faith-based residential drug and alcohol rehabilitation center for women 18 and older

Fees/Payment Methods: Call for details

Languages Spoken: English

Philipstown Behavioral Health Hub

5 Stone Street, Cold Spring, NY 10516

(845) 809-5050

Confidential Text: (845) 260-1001

Services Offered: provides LOCAL access to behavioral health and addiction resources in Philipstown, New York, Care Coordinators can provide information on local treatment and recovery resources, guidance & support for families, direct referrals to service providers, hosts Mental Health First Aid Training sessions, parenting programs that support & assist parents to support their children at the advance through various life stages & changes or struggle with behavioral health and addiction concerns

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

ART RESOURCES

Arts on the Lake

640 Route 52, Lake Carmel, NY 10512

(845) 228-2685

www.artsonthelake.org

Services Offered: Classes and workshops in the arts for children and adults; theatre and musical performances

Fees/Payment Methods: Fees for most classes, workshops and performances; scholarship funds available for classes and performances- fees waived for volunteers

Languages Spoken: English

Garrison Art Center

23 Garrison's Landing, Garrison, NY 10524

(845) 424-3960

<http://www.garrisonartcenter.org/>

Services Offered: Various exhibitions in our galleries. Events including classes for children and adults

Fees/Payment Methods: Depends on membership, see website for details

Languages Spoken: English

Putnam Arts Council

521 Kennicut Hill Rd, Mahopac, NY 10541

(845) 803-8622 ext. 10, 12

<http://putnamartscouncil.com/>

Services Offered: Various programs, courses, and exhibitions including art, dance, music, cabaret, and more

Fees/Payment Methods: Depends on membership, see website for details

Languages Spoken: English

The Studio Around the Corner

The Cultural Arts Coalition, 67 Main Street, Suite 101, Brewster, NY 10509

(845) 363-8330

www.culturalartscouncil.com

Services Offered: Accommodates art exhibitions, small musical performances, lectures and other cultural opportunities

Fees/Payment Methods: Depends on membership, see website for details

Languages Spoken: English

CHILD CARE

Child Care Council of Dutchess and Putnam Inc.

126 Gleneida Avenue, Suite 1, Carmel, NY 10512

(845) 835-3182

301 Manchester Road, Suite 201 A, Poughkeepsie, NY 12603

(845) 473-4141

Toll Free: (888) 288-4148

www.childcaredutchess.org

Services Offered: Provides child care referrals, child care training and provides assistance in opening home daycares in Putnam and Dutchess Counties

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Putnam County Department of Social Services

110 Old Route 6, Building #2, Carmel, NY 10512

(845) 808-1500, ext. 45260

www.putnamcountyny.com/SocialServices

Services Offered: Provides subsidized child care to income-eligible families; must be pre-qualified by the Dutchess Child Care Council

Fees/Payment Methods: Based on income

Languages Spoken: English, Spanish, Italian, Portuguese, Hungarian

DISABILITY

Ability Beyond

480 Bedford Road, Chappaqua, NY 10514

(866) 979-5781

www.abilitybeyond.org

Services Offered: Assessment of skills and job preferences, job preparation support, on the job training, ongoing support, case management and community outreach and education for individuals with disabilities

Fees/Payment Methods: Varies by program, please call for details

Languages Spoken: English

CAREERS Support Solutions

102 Gleneida Avenue, Carmel, NY 10512

(845) 225-8007

www.careersupportsolutions.org

Services Offered: Assists disabled adults to find productive and meaningful employment by providing resume development, job coaching and skill training. 'Day habilitation without walls' program for low functioning group community recreation.

Fees/Payment Methods: Free

Languages Spoken: English

MidHudson ACCES-VR Office

301 Manchester Road, Suite 200, Poughkeepsie, NY 12603

(845) 452-5425

www.acces.nysed.gov/VR

Services Offered: Assists individuals with disabilities, who are eligible for vocational rehabilitation services, find and keep suitable employment

Fees/Payment Methods: Free

Languages Spoken: English

ARC of Putnam

575 Drewville Road, Carmel, NY 10512

(845) 278-7272

www.putnamarc.org

Services Offered: Comprehensive programs for children and adults with developmental disabilities (i.e.: educational services, respite, group homes, clinical service; traumatic brain injury services

Fees/Payment Methods: Varies with programs, call for details

Languages Spoken: English

Putnam County Department of Health- Children of Special Needs Program (Early Intervention)

1 Geneva Road, Brewster, NY 10509

(845) 808-1390, ext. 46033

www.putnamcountyny.com/health

Services Offered: Provides diagnostic, treatment and case management services for infants and toddlers under 3 years of age with a suspected or diagnosed condition, in physical, language, speech or social/emotional development

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Putnam County Department of Health- Preschool Program

1 Geneva Road, Brewster, NY 10509

(845) 808-1390, ext. 46032

www.putnamcountyny.com/health

Services Offered: Educational program intended to remediate issues for children whose disabling condition or learning disability has a significant impact on his/her educational progress. Evaluations are provided for children who are referred directly into their school district, or who transition into the Preschool Program from Early Intervention.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish (for those transitioning from Early Intervention to preschool)

Putnam County Office for People With Disabilities

110 Old Route 6, Carmel, NY 10512

(845) 808-1641, TTY: (845) 228-2386

www.putnamcountyny.com/office-for-people-with-disabilities

Services Offered: Administers the Central Registry (voluntary registry of people with disabilities residing in Putnam County), provides referrals to resources available for the disabled

Fees/Payment Methods: Free

Languages Spoken: English

Putnam Independent Living Services

1441 Route 22, Suite 204, Brewster, NY 10509

(845) 228-7457

www.putnamils.org

Services Offered: Provides services such as information & referral, benefits & entitlements information, community outreach, education advocacy, peer advisement, Traumatic Brain Injury, client assistance and recreational/support groups

Fees/Payment Methods: Free

Languages Spoken: English, Spanish and all others via New York Connects

Taconic DDSO

1620 Route 22, Brewster, NY 10509

(845) 279-2905

www.opwdd.ny.gov

Services Offered: Provides service coordination, residential, respite, day and family support services to persons with developmental disabilities

Fees/Payment Methods: Varies by program, please call for details

Languages Spoken: English, Spanish and all others via New York Connects

VISIONS Services for the Blind and Visually Impaired

500 Greenwich Street, 3rd Floor, New York, NY 10013

(888) 245-8333

www.visionsvcb.org

Services Offered: Provides vision rehabilitation, job training & placement, virtual work readiness programs, assistive technology training, residential pre-college programs & career exploration

Fees/Payment Methods: Free

Languages Spoken: English, ASL, translation for other languages available

DOMESTIC VIOLENCE RESOURCES

PACE Women's Justice Center

27 Crane Avenue

White Plains, NY 10603

(914) 422-4188

www.law.pace.edu/wjc

Services Offered: Free legal services to low-income victims of domestic violence, sexual assault & elder abuse; helps individuals navigate the legal system obtain services related to divorce, custody, support, financial exploitation, public benefits and housing.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish, translation for other languages available

Putnam/Northern Westchester Women's Resource Center

935 S Lake Blvd #2

Mahopac, NY 10541

(845) 628-9284, (845) 628-2166 (24-hour hotline)

www.pnwwrc.org

Services Offered: Information & referrals, individual & group short-term counseling, legal consultation workshops, support groups, confidential emergency shelter to women & children who are survivors of domestic violence, sexual assault & victims of crime, advocacy and accompaniment to Family/Criminal court and other social service agencies

Fees/Payment Methods: Free & confidential

Languages Spoken: English, Spanish

EDUCATIONAL RESOURCES

ARC Mid-Hudson

575 Drewville Road, Carmel, NY 10512

(845) 278-7272

www.arcmh.org

Services Offered: Provides FSS educational advocacy and respite reimbursement for those OPWDD eligible, also provides community rehabilitation, waiver respite and community pre-vocational services contracted through OPWDD

Fees/Payment Methods: Free

Languages Spoken: English

B'Above Headstart Program

1511 NY-22, Suite C-23, Brewster, NY 10509

(845) 302-2658

www.beabove.com

Services Offered: Provides comprehensive child development services for children 18 months to five years, and focuses on the goals of promoting social competence & school readiness for each child

Fees/Payment Methods: Free (must be income eligible)

Languages Spoken: English, Spanish

Brewster Cares

31 Prospect Street, Brewster, NY 10509

(845) 279-6146

brewstercaresny@gmail.com

<https://brewstercaresny.org/tutoring-kids/>

Services Offered: Homework help available on Tuesday, 5:15pm-6pm; 6-6:45pm, Wednesday, 5:15pm-6pm; 6-6:45pm, Thursday, 5:15pm-6pm; 6-6:45pm

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Brewster Public Library

79 Main Street, Brewster, NY 10509

(845) 279-6421

www.brewsterlibrary.org

Services Offered: Various adult and children's activities/workshops such as homework help, children's chess classes, children's craft classes, children's learn Spanish story time, ESL class for adults

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Desmond-Fish Library

472 Route 403, Garrison, NY 10524

(845) 424-3020

www.desmondfishlibrary.org

Services Offered: Various adult and children's activities, free materials for the community

Fees/Payment Methods: Free

Languages Spoken: English

Dutchess Community College

29 North Hamilton Street, Suite 304, Poughkeepsie, NY 12601

(845) 790-3590

www.sunydutchess.edu/continuingeducation/hse.html

Services Offered: High School Equivalency class at Brewster High School on Monday, Wednesday & Thursday: 5:30 – 9:30 pm. ESL classes offered at Brewster High School on Monday & Wednesday: 5:30 – 9:30 pm.

Fees/Payment Methods: Vary by program, debit/credit card, money order

Languages Spoken: English and Spanish

Julia Butterfield Library

10 Morris Avenue, Cold Spring, NY 10516

(845) 265-3040

www.butterfieldlibrary.org

Services Offered: Various adult and children's activities

Fees/Payment Methods: Free

Languages Spoken: English

Kent Public Library

17 Sybil's Crossing, Kent Lakes, NY 10512

(845) 225-8585

www.kentlibrary.org

Services Offered: Various adult and children's activities, extensive online services, computers & printing services, Tech help and traditional library services

Fees/Payment Methods: Free

Languages Spoken: English

Mahopac Public Library

668 Route 6, Mahopac, NY 10541

(845) 628-2009

www.mahopaclibrary.org

Services Offered: Various adult and children's activities in addition to traditional library services

Fees/Payment Methods: Varies by program

Languages Spoken: English, part-time Spanish clerk

Patterson Library

1167 Route 311, Patterson, NY 12563

(845) 878-6121

www.pattersonlibrary.org

Services Offered: Various adult and children's activities, job/career help, computer assistance, traditional library services

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Putnam County Department of Health- Children of Special Needs Program (Early Intervention)

1 Geneva Road, Brewster, NY 10509

(845) 808-1390, ext. 46033

www.putnamcountyny.com/health/child/

Services Offered: Provides diagnostic, treatment and case management services for infants and toddlers under 3 years of age, with a suspected or diagnosed condition, in physical, language, speech and/or social/emotional development

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Putnam County Department of Health- Preschool Program

1 Geneva Road, Brewster, NY 10509

(845) 808-1390, ext. 46032

www.putnamcountyny.com/health

Services Offered: Educational program intended to remediate issues for children whose disabling condition or learning disability has a significant impact on his/her educational progress. Evaluations are provided for children who are referred directly into their school district, or who transition into the Preschool Program from Early Intervention.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish (for those transitioning from Early Intervention to preschool)

Putnam/Northern Westchester BOCES

200 BOCES Drive, Yorktown Heights, NY 10598-4399

(914) 245-2700

www.pnwboces.org

Services Offered: English as a second language classes, adult education and support services, Tech center courses (held at various locations)

Fees/Payment Methods: Differs by program, call for details

Languages Spoken: English, Spanish

Putnam Independent Living Services

1441 Route 22, Suite 24, Brewster, NY 10509

(845) 228-7457

www.putnamils.org

Services Offered: Educational advocacy, transitional planning, parent training for people with disabilities

Fees/Payment Methods: Free

Languages Spoken: English, can access Spanish speakers if needed

Putnam Valley Library

30 Oscawana Lake Road, Putnam Valley, NY 10579

(845) 528-3242

www.putnamvalleylibrary.org

Services Offered: Various adult and children's activities in addition to traditional library services

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Reed Memorial Library

1733 Route 6, Carmel, NY 10512

(845) 225-2439

www.carmellibrary.org

Services Offered: Various adult and children's activities, public access to computers with internet access

Fees/Payment Methods: Free

Languages Spoken: English

WestCOP Babies Steps Forward

2 Westchester Plaza, Suite 137, Elmsford, NY 10523

(914) 592-5600, Ext. 122

www.westcop.org

Services Offered: Baby Steps Forward is a unique Early Head Start program that, in partnership with local child care programs, provides high-quality early child care and education with related support services to children 6 weeks to 3 years old and their families.

Fees/Payment Methods: Free, families must meet income eligibility guidelines

Languages Spoken: English, Spanish

ELECTRICITY/UTILITY ARREARS OR DISCONNECTIONS

Catholic Charities Community Services

175 Main Street, Brewster, NY 10509

(845) 279-5276

www.catholiccharitiesny.org

Services Offered: Provides emergency financial assistance to eligible individuals/families

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Central Hudson

284 South Avenue, Poughkeepsie, NY 12601

(845) 452-2700

www.cenhud.com

Services Offered: Provides budgeting assistance, possible payment arrangements, and Low Income Bill Disconnect Program (HEAP benefits must be exhausted first)

Fees/Payment Methods: Free

Languages Spoken: English, Spanish, translator available in any language

Department of Social Services- Emergency Assistance to Families Program

110 Old Route 6, Building #2, Carmel, NY 10512

(845) 808-1500

www.putnamcountyny.com/social-services

Services Offered: Provides financial assistance to families with children under the age of 18 that demonstrate the ability to re-pay the assistance offered over a 1-year period at no interest

Fees/Payment Methods: Repayment agreement

Languages Spoken: English, Italian, Portuguese, Hungarian

Department of Social Services- HEAP (Home Energy Assistance Program)

110 Old Route 6, Building #2, Carmel, NY 10512

(845) 808-1500

www.putnamcountyny.com/social-services

Services Offered: Provides financial assistance with heating costs to income-eligible families/individuals

Fees/Payment Methods: Free

Languages Spoken: English, Spanish, Italian, Portuguese, Hungarian

NYSEG (New York State Electric & Gas Corp)

Payments: P.O. Box 847812, Boston, MA 02284-7812

Customer Service: P.O. Box 5240, Binghamton, NY 13902-5240

Customer Service: (800) 572-1111

Payment arrangements: (888) 315-1755

www.nyseg.com

Services Offered: Provides various payment options and low-income budgets, installment plans, and Energy Assistance Program discounts and Project Share grants

Fees/Payment Methods: Free

Languages Spoken: English, translator available in all languages

Putnam Community Action Partnership (CAP)/WestCOP

121 Main Street, Brewster, NY 10509

(845) 278-8021

www.putnamcap.org

Services Offered: Provides emergency financial assistance to income-eligible families. In addition, it is a site of application for Project Share funds (\$200 grant administered by HeartShare to those that have received a disconnection notice from NYSEG and have exhausted all available HEAP benefits).

Fees/Payment Methods: Free

Languages Spoken: English, Spanish,

United Way 211 Help-Line

336 Central Park Avenue, White Plains, NY 10606

2-1-1

www.uwwwp.org

Services Offered: Provides referrals to agencies providing emergency financial assistance to income eligible individuals/families

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

EMPLOYMENT

ARC Mid-Hudson

575 Drewville Road, Building B, Carmel, NY 10512

(845) 278-7272

www.arcmh.org

Services Offered: Provides planning and support to help individuals identify, obtain and maintain a career or vocational plan. The individual must have vocational aspirations & meet eligibility requirements in the area of vocational capabilities. Individuals will be screened for: career goal objectives, past work experiences and personal skill set. Community Pre-Vocational Specialists will train individuals in the areas of travel training, job shadowing, interviewing skills, following directives, utilizing appropriate social skills, work attitude/routine and multi-tasking

Fees/Payment Methods: Free

Languages Spoken: English

CAREERS for People with Disabilities, Inc.

102 Gleneida Avenue, Carmel, NY 10512

(845) 225-8007

www.careersupportsolutions.org

Services Offered: Finds productive employment for individuals with learning, developmental, psychiatric and/or physical disabilities; provides on the training and ongoing supportive services; educates employers and community about the benefits of hiring workers with disabilities

Fees/Payment Methods: Free, if qualified

Languages Spoken: English

MidHudson ACCES-VR Office

301 Manchester Road, Suite 200, Poughkeepsie, NY 12603

(845) 452-5325

www.acces.nysed.gov/vr/midhudson/

Services Offered: Helps people with disabilities, who are eligible for vocational rehabilitation services, find and keep suitable employment

Fees/Payment Methods: Free

Languages Spoken: English

Work Force Partnership- Putnam County

110 Old Route 6, Building #3, Carmel, NY 10512

(845) 808-1651

www.putnamcountyny.com/workforce-partnership

Services Offered: Provides assistance with obtaining employment, resume preparation, career counseling, job development, education & training

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Brewster Cares

11 Eastview Avenue Brewster NY 10509 (St. Lawrence O'Toole Parish Center)
(845) 279-6146

<https://brewstercaresny.org/english-as-a-second-language/>

Services Offered: Classes offered Sundays, 9am-12pm, Mondays, 6pm-9pm, Tuesday, 6pm-9pm, Wednesday, 6pm-9pm, and Thursday, 6pm-9pm

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Dutchess Community College

Class Site: Brewster High School, 50 Foggintown Road, Brewster, NY 10509

Services Offered: Classes offered on Monday & Wednesdays: 5:30-9:30pm.

Call (845) 790-3590 to register

www.sunydutchess.edu/continuingeducation/esl.html

Fees/Payment Methods: \$25.00

Languages Spoken: English, Spanish

Putnam/Northern Westchester BOCES

Location varies based on time of year.

914-248-2430

Services Offered: Classes vary based on time of year. Contact Agency.

Fees/Payments Methods: Free

Languages Spoken: English, Spanish

EVICTIION PREVENTION

Catholic Charities Community Services

175 Main Street, Brewster, NY 10509

(845) 279-5276

www.catholiccharitiesny.org

Services Offered: Provides emergency financial assistance to eligible individuals/families

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Department of Social Services

110 Old Route 6, Building #2, Carmel, NY 10512

(845) 808-1500

www.putnamcountyny.com/socialservices

Services Offered: Provides financial assistance to income eligible families/individuals

Fees/Payment Methods: Free, possible payback agreement

Languages Spoken: English, Spanish, Portuguese, Hungarian

Legal Services of the Hudson Valley

90 Maple Avenue, White Plains, NY 10601

(914) 949-1305

www.lshv.org

Services Offered: Provides legal advice and representation for low-income persons in civil matters in Westchester, Putnam, Orange, Rockland, Dutchess, Sullivan and Ulster counties

Fees/Payment Methods: Free- have to qualify

Languages Spoken: English, Spanish

Putnam Community Action Partnership (CAP)/WestCOP

121 Main Street, Brewster, NY 10509

(845) 278-8021

www.putnamcap.org

Services Offered: Provides emergency financial assistance to income eligible individuals/families

Fees/Payment Methods: Free

Languages Spoken: English, Spanish,

Putnam County Housing Corporation

11 Seminary Hill Road, Carmel, NY 10512

(845) 225-8493

www.putnamhousing.com

Services Offered: Provides emergency financial assistance to income eligible individuals/families, section 8, senior housing, mortgage assistance and foreclosure counseling

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

United Way 211 Help-Line

336 Central Park Avenue, White Plains, NY 10606

(800) 899-1479

www.uwwwp.org

Services Offered: Provides referrals to agencies who provide emergency financial assistance to income eligible individuals/families

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

FAMILY SUPPORT

Child Advocacy Center of Putnam County

121 Main Street, Brewster, NY 10509

(845) 808-1400

<http://putnamcac.org/>

Services Offered: Provides services to children who are identified as potential victims of physical or sexual abuse and/or domestic violence; center provides a non-threatening atmosphere for conducting interviews, medical examinations, and provides a victim advocate to assist the family through the legal process and make referrals to appropriate community resources. Provide prevention and education around child abuse awareness.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Community Cares

P.O. Box 37, Mahopac Falls, NY 10542

(845) 621-CARE (2273)

www.communitycares.org

Services Offered: Network of volunteers and businesses who support families with school-aged children whose parent is undergoing a major medical diagnosis by providing meals from local eateries, wash & fold services from local laundries and housecleaning services.

Fees/Payment Methods: Free

Languages Spoken: English

CoveCare Center

1808 Route 6, Carmel, NY 10512

(845) 225-2700

www.covecarecenter.org

Services Offered: Administers the Family Empowerment Program which provides in-home assistance with nurturing, discipline, information about community resources and other questions related to parenting; also administers the Coordinated Children's Services Initiative (CCSI), children's case management, crisis services for children and youth and Relatives as Parents Program (RAPP), Common Sense Parenting Program, substance abuse clinic for adolescents and adults, mobile family and individual support for children with Medicaid insurance, respite children's services, home and community based services, and senior mobile support services.

Fees/Payment Methods: Medicaid, Medicare, most commercial insurance

Languages Spoken: English, some bi-lingual therapists

Children's Health Homes of Upstate NY (CHHUNY)

2300 Buffalo Road, 500 B, Rochester, NY 14624

(855) 209-1142

www.childrenshealthhome.com

Services Offered: Oversees multiple agencies that provide children's care management services in Putnam and Westchester Counties. Community-based care management model whereby all of an individual's care givers communicate with one another so that all social, physical and behavioral needs are addressed in a comprehensive manner. All children/youth must be under the age of 21 and enrolled in Medicaid, meet DOH eligibility, and have behavioral, medical or social risk factors which can be addressed through preventive care management.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Dispute Resolution Center

110 Old Route 6, Carmel, NY 10512

(845) 372-8771

www.drcservices.org

Services Offered: Provides mediation, conciliation, group facilitation and arbitration, as well as other processes that are applicable to a broad range of family, youth, school, housing, and business issues; also offers related educational training and workshops.

Service Highlights: Parents Apart class; custody/visitation and parent/child mediation

Fees/Payment Methods: \$30 Administrative fee, divorce mediation will require additional cost

Languages Spoken: English, Spanish

Philipstown Behavioral Health Hub

5 Stone Street, Cold Spring, NY 10516

(845) 809-5050

Confidential Text: (845) 260-1001

Services Offered: provides LOCAL access to behavioral health and addiction resources in Philipstown, New York, Care Coordinators can provide information on local treatment and recovery resources, guidance & support for families, direct referrals to service providers, hosts Mental Health First Aid Training sessions, parenting programs that support & assist parents to support their children at the advance through various life stages & changes or struggle with behavioral health and addiction concerns

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

The LOFT

252 Bryans Avenue, White Plains, NY 10605

(914) 948-2932, Helpline: (914) 948-2932, ext. 13

www.loftgaycenter.org

Services Offered: Provides education, advocacy, job search and celebratory services

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

WIC (Women, Infants, Children)

Open Door Medical Facility, 155 Main Street, 1st Floor, Brewster, NY 10509

(845) 207-5432

<https://www.wicstrong.com/agency/open-door-family-medical-centers/>

Services Offered: Provides free nutritional support to low-income pregnant women, infants and children under the age of 5. WIC provides food needed daily for good health, helping stretch your food budget.

Pregnant and breast feeding women receive health education and breast feeding support.

Fees/Payment Methods: Meet household Income federal guidelines, Medicaid, SNAP or TANF.

Languages Spoken: English, Spanish

FIRE & OTHER NATURAL DISASTERS

American Red Cross- Hudson Valley Chapter

4 Jefferson Plaza, Suite 302, Poughkeepsie, NY 12601
(845) 471-0200

www.redcross.org

Services Offered: Provides emergency disaster assistance, volunteer services for youth and adults, blood drives and emergency training

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Bureau of Emergency Services

112 Old Route 6, Carmel, NY 10512

(845) 808-4000

<http://www.putnamcountyny.com/pcbcs/>

Services Offered: The Putnam County Bureau of Emergency Services is dedicated to provide prompt and efficient emergency assistance to residents and visitors of Putnam County.

The Bureau maintains a county-wide communications organization and is responsible for the operations & maintenance of the Enhanced 911 system. The Bureau Emergency Management directorate plans for response, remediation / mitigation and recovery from natural and manmade disasters including those resulting from biological, nuclear, incendiary, chemical and explosive causes.

The Bureau manages and administrates a program of quality training for Fire and EMS agencies in accordance with State and Federal guidelines, manages an advanced life support system, maintains a stockpile of emergency Supplies and Equipment as may be required and oversees a variety of special response teams – who are prepared and equip to respond to any situation of event.

Fees/Payment Methods: Free, with the exception of EMT & CPR classes

Languages Spoken: English

Putnam County Long Term Recovery Coalition C/O Catholic Charities

175 Main Street, Brewster, NY 10509

(845) 279-5276

www.putnamcountyny.com

Services Offered: Provides financial and others services to residents of Putnam County who have long-term unmet disaster-related needs

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Salvation Army

117 Nelson Avenue, Peekskill, NY 10566

(914) 737-0280

www.newyork.salvationarmy.org/location/peekskill

Services Offered: emergency assistance & food service, spiritual & emotional care, disaster shelter, donation management and disaster-related case management

Fees/Payment Methods: Free

Languages Spoken: English, Russian, translation in other languages available

FOOD, CLOTHING, SHELTER & FINANCIAL NEEDS

Brewster Cares

31 Prospect Street, Brewster, NY 10509
(845) 279-6146

Services Offered: Temporary shelter for homeless individuals. Warming center available for the unsheltered. Check-in is every night, located at 468 N. Main Street in Brewster, starting at 8:30 pm. Warm meal is provided, a shower, and a place to wash their clothes. Between 6:30 am-2:30 pm warming center provides access to TV, charging electronic devices, setup / participate in private meetings with social services, or medical appointments

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Brewster Community Food Pantry

10 Park Street, Brewster, NY 10509
(914) 649-8002

Services Offered: food pantry is open on Tuesdays from 10:00 am – 12:00 pm and Thursdays from 1:00 – 3:00 pm

Fees/Payment Methods: Free, photo ID required

Languages Spoken: English

Catholic Charities Community Services

175 Main Street, Brewster, NY 10509
(845) 279-5276

www.catholiccharitiesny.org

Services Offered: Case management assistance provided to individuals in need of emergency shelter and other basic needs. Targeted outreach to underserved communities in Putnam and Westchester counties to educate individuals about SNAP (Supplemental Needs Assistance Program) and assist with the enrollment process.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Drew Thrift Shop

26 Gleneida Avenue, Carmel, NY 10512
(845) 225-2655

Services Offered: Sells gently-used clothing at low-cost. Provides vouchers to Putnam CAP to distribute to clients to “purchase” items at no cost. Closed during winter season.

Fees/Payment Methods: Determined by vendor

Languages Spoken: English

Dorothy Day Hospitality House

11 Spring Street, Danbury, CT 06813

(203) 743-7988

www.dorothydaydanbury.org

Services Offered: Shelter for homeless men and women 18 years old and older. Stay is from 9 pm to 6 am. Limited to 16 beds. Will accept NY residents. Breakfast served from 6:30 – 9:00 am and afternoon meal served from 3:15 – 4:45 pm.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

First Presbyterian Church of Philipstown

10 Academy Street, Cold Spring, NY 10516

(845) 265-3220

<http://www.presbychurchcoldspring.org>

Services Offered: Provides food on Saturdays 9:00 am – 10:00 am to Philipstown residents only

Fees/Payment Methods: Free

Languages Spoken: English

Gilead United Presbyterian Church

9 Church Street, Carmel, NY 10512

(845) 225-4586

<http://www.gileadchurch.org>

Services Offered: Provides food to Carmel residents only on Fridays 10:00 am – 12:00 pm, please call first and leave a message with your name and telephone number

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Goodwill Thrift Shop

80 Route 6, Baldwin Place, NY 10505

(914) 621-0781

www.goodwillnynj.org

Services Offered: Sells gently-used clothing and household items at a reduced cost

Fees/Payment Methods: Determined by vendor

Languages Spoken: English

Green Chimneys Arbor House - Youth Shelter

400 Doansburg Road, Brewster, NY 10509
(845) 278- 4486, 24-hour hotline (845) 279-2588
www.greenchimneys.org

Services Offered: Provides temporary residential /respite services and case management for youth ages 12- 17.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Green Chimneys Transitional Living Program

400 Doansburg Road, Brewster, NY 10509
(845) 278-4486
www.greenchimneys.org

Services Offered: Supportive independent housing for homeless youth ages 16-21

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

New Life Christian Church

29 Marshal Court, Patterson, NY 12563
(845) 278-9407
www.newlife/ny.com

Services Offered: Provides food once a month on Tuesdays 10:00 am – 1:00 pm, please bring own bags

Fees/Payment Methods: Free

Languages Spoken: English

Patterson Community Church

1062 Route 311, Patterson, NY 12562
(845) 878-3961
www.pattersoncommunitychurch.org

Services Offered: food pantry, thrift shop

Fees/Payment Methods: Free

Languages Spoken: English

Putnam Community Action Partnership (CAP)/WestCOP

121 Main Street, Brewster, NY 10509
(845) 278-8021
www.putnamcap.org

Services Offered: Eligible individuals may access the food pantry 2x per month, free lunch is provided every Tuesday, Wednesday, Thursday (Spring through Fall) and Tuesday, Wednesday, Thursday and Friday (Winter) at the First Baptist Church in Brewster, gift cards and emergency financial assistance are available for income-eligible individuals/families to assist with needs such as rent, clothing and utility expenses. Financial assistance for breast cancer patients also available, call to inquire about eligibility.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Putnam County Department of Social Services

110 Old Route 6, Building #2, Carmel, NY 10512

(845) 808-1500

www.putnamcountyny.com/socialservices

Services Offered: Provides SNAP (formerly known as Food Stamps), Temporary Assistance to Needy Families, homelessness prevention and HEAP (Home Energy Assistance) programs to income-eligible persons

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Putnam Valley Community Food Pantry

337 Peekskill Hollow Road, Putnam Valley, NY 10537

(845) 458-1251

www.putnamvalleyfoodpantry.org

Services Offered: Provides food every Saturday 10:00 am – 11:00 am

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Red Mills Baptist Church

531 Route 6N, Mahopac Falls, NY 10542

(845) 628-4230

www.redmillsbaptist.org

Services Offered: Provides food once a month, please call for an appointment

Fees/Payment Methods: Free

Languages Spoken: English

Salvation Army

117 Nelson Avenue, Peekskill, NY 10566

(914) 737-0280

www.newyork.salvationarmy.org/location/peekskill

Services Offered: emergency assistance & food service, spiritual & emotional care, disaster shelter, donation management and disaster-related case management

Fees/Payment Methods: Free

Languages Spoken: English, Russian, translation in other languages available

St. Christopher's Inn- Graymoor

21 Franciscan Way, Garrison, NY 10524

(845) 335-1020

www.stchristophersinn-graymoor.org

Services Offered: homeless shelter and substance abuse treatment center for men 18 years old and older, also provides a family program, vocational assistance, educational guidance, residential program, GED assistance, and primary medical care, Article 28 treatment center & 90-day treatments

Fees/Payment Methods: Shelter Services Free- in lieu of payment all shelter residents are required to perform an assigned activity. Treatment fees vary. Medicaid, Private Insurance or Self Pay accepted.

Languages Spoken: English

St. John the Evangelist Church

221 East Lake Boulevard, Mahopac, NY 10541

(845) 628-2006

www.sjtemahopac.org

Services Offered: Provides food every Friday 10:00 am – 12:00 pm

Fees/Payment Methods: Free

Languages Spoken: English, Spanish, Polish

Table of Grace Community Food Kitchen at First United Methodist Church

83 Main Street, Brewster, NY 10509

(845) 279-7611

www.brewsterfumc.wixsite.com

Services Offered: Provides a free hot lunch on Saturdays from 11:00 am – 1:00 pm

Fees/Payment Methods: Free

Languages Spoken: English

That Nothing Be Lost Thrift Shop

16 Franciscan Way, Garrison, NY 10524

(845) 424-3635

www.stchristophersinn-graymoor.org/thrift-antique-shop

Services Offered: Sells gently used furniture and household items at a reduced cost, all proceeds support the St. Christopher's Inn for its residents

Fees/Payment Methods: Determined by vendor

Languages Spoken: English

The Salvation Army Thrift Shop

570 Main Street, Poughkeepsie, NY 12601

(845) 471-1730

www.salvationarmy.org

Services Offered: Sells gently used clothing and household items at a reduced cost

Fees/Payment Methods: Determined by vendor

Languages Spoken: English, Spanish

United Way of Westchester and Putnam

336 Central Park Avenue, White Plains, NY 10606

(914) 997-6700

www.uwwp.org

Services Offered: Feeding United Delivery Program- households receive weekly nutritious food parcels along with monthly essential goods and basic needs items (clothing, baby items, personal care/hygiene items), bilingual English/Spanish educational resources (books, backpacks, flyers with information to access resources, educational book kits from Scholastic for PreK-12 curriculum), and 211 Helpline support for providing referrals for other needed community resources (rental payment assistance, tax assistance, helping veterans prevent becoming evicted), and transportation support by delivering the compiled items and goods directly to households. Families with students who qualify for free or reduced lunch will also receive books and/or activities throughout the program.

Also provides assistance with prescreening potentially eligible individuals/households for SNAP (Supplemental Nutrition Assistance Program), and assisting members in their service area in completing a SNAP application. Please call (845) 730-2520 or 2-1-1 for assistance.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

WIC (Women, Infants, Children)

Open Door Medical Facility, 155 Main Street, Brewster, NY 10509

(845) 207-5432

www.wicconnect.com

Services Offered: Provides free nutritional support to low-income pregnant women, infants and children under the age of 5. WIC provides food needed daily for good health, helping stretch your food budget. Pregnant and breast feeding women receive health education and breast feeding support.

Fees/Payment Methods: Meet household Income federal guidelines, Medicaid, SNAP or TANF.

Languages Spoken: English, Spanish, translation for other languages

Yorktown Love In Action

1736 Front Street, Yorktown Heights, NY 10598

(914) 743-1314

www.yorktownloveinaction.com

Services Offered: Provides clothing, household needs, food & furniture to help individuals “get back on their feet”

Fees/Payment Methods: Free

Languages Spoken: English

HEALTH INSURANCE

Fidelis Care

25 Market Street, Suite 101

Poughkeepsie, NY 12601

Toll Free: 1-800-550-8031

(845) 483-1292

Fax: (845) 445-3924

www.fideliscare.org

Services Offered: Enrollment services for Medicaid, Child Health Plus and Qualified Health Plans in the NY State of Health Insurance Marketplace, MLTC, Dual Advantage, Medicare, the Essential Plan, H.A.R.P. (Health & Recovery Plan for persons with addictions)

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

- Facilitator Enrollers are also located at the Hudson Valley Regional Community Health Center. No appointment is necessary but it is recommended.
- Individuals may also contact Putnam Community Action Case Managers or Catholic Charities Community Services Case Managers

Maternal-Infant Services Network

155 Main Street, Brewster NY 10509

(845) 702-1894

www.misn-ny.org

Services Offered: Enrollment services for Medicaid, Child Health Plus and Qualified Health Plans in the NY State of Health Insurance Marketplace

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Medicaid

110 Old Route 6, Building #2, Carmel, NY 10512

(845) 808-1500, ext. 45263

www.putnamcountyny.com

Services Offered: Health insurance program for children and adults with low incomes and limited resources (must be a legal resident to apply, except if person applying is pregnant). Also assist with temporary assistance.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Medicare / Health Insurance, Information, Counseling, Assistance Program (HIICAP)

Putnam County Office for Senior Resources

110 Old Route 6, Building #1, Carmel, New York 10512

(845) 808-1700 Ext. 47115

Services offered: HIICAP provides free, accurate and unbiased information, counseling, assistance and advocacy on Medicare, private health insurance, and related health coverage plans. HIICAP helps Medicare beneficiaries, their representatives, or persons soon to be eligible for Medicare.

Fees/Payment Methods: Free

Languages Spoken: English

MVP Health Care

303 South Broadway, Second Floor

Tarrytown, NY 10591

(800) 339-4557

Medicare Member Services: 800-665-7924

www.mvphealthcare.com

Services Offered: Certified Application Counselors and Licensed Medicare Agents available to assist and enroll individuals into Medicare, Dual Access, Medicaid, Child Health Plus, Essential Plan, and Qualified Health Plans through the NY State of Health Insurance Marketplace

Fees/Payment Methods: Free

Languages Spoken: English, Spanish, Translation line available

- Facilitator enrollers and Licensed Agents are also located at Open Door Family Center by appointment
155 Main Street, Brewster, NY 10509

HIV-RELATED RESOURCES

Hudson Valley Community Services

40 Saw Mill River Road, Suite UL-5, Hawthorne, NY 10532

(914) 345-8888

40 Garden Street, Suite 401, Poughkeepsie, NY 12601

(845) 704-7320

www.hudsonvalleycs.org

Services Offered: Community-based provider of services to people infected and affected by HIV/AIDS; offers case management, counseling, support groups, food pantry, educational updates and transportation, HIV testing, HIV prevention services, referrals to community resources

Fees/Payment Methods: Free

Languages Spoken: English

Open Door Family Medical Center

155 East Main Street, Suite 101, Brewster, NY 10509

(914) 632-2737

www.opendoormedical.org

Services Offered: HIV testing, counseling, case management, PrEP services, patient advocacy, nutrition services, chronic disease education and management, insurance enrollment and wellness program

Fees/Payment Methods: Most insurances accepted. Discounts available for uninsured. Payment based on ability to pay

Languages Spoken: English, Spanish, translation line available

Planned Parenthood

17 Noxon Street, Poughkeepsie, NY 12601

136 Lake Street, Suite 11, Newburgh, NY 12550

(845) 471-1530

www.plannedparenthood.org

Services Offered: Provides comprehensive sexual and reproductive health care including pregnancy testing, contraception, HIV and STI testing, gynecological care, and other services.

Fees/Payment Methods: Accepts Medicaid private insurance, sliding scale fee for those without insurance

Languages Spoken: English, Spanish

Putnam County Department of Health

1 Geneva Road, Brewster, NY 10509

(845) 808-1390

www.putnamcountyny.com/health

Services Offered: Services offered in the areas of family health, which include Newborn screening, Maternal & Child Health Program, Lead screening, Immunizations, Migrant Clinic, HIV and Hepatitis C counseling & testing, STD services and treatment, Tuberculosis services and treatment, Communicable Disease Control, Environmental Health, Community Health Assessment and Health Education

Fees/Payment Methods: Eligibility requirements, Free/Sliding fee scale

Languages Spoken: English, Spanish

Sun River Health

1037 Main Street, Peekskill, NY 105666

(914) 734-8800

Henry Street, Beacon, NY 12508

(845) 831-0400

www.sunriver.org

Services offered: Many of our Health Centers have support groups for those living with or caring for someone with HIV or Hepatitis C, through the Genesis Program. The Genesis Program works with you and your care team to coordinate your HIV/AIDS or Hepatitis C treatment and management with all aspects of your health.

Fees/Payment Methods: Accepts Medicaid and private insurance, sliding scale fee for those without insurance

Languages Spoken: English, Spanish, translation line available

Westchester Medical Center ALLY Care Center

19 Bradhurst Avenue, Suite 600, Hawthorne, NY 10532

(914) 493-7700

www.westchestermedicalcenter.org/ally-care-center

Services Offered: The Ally Care Center is a multidisciplinary clinic providing comprehensive primary care that offers a safe and welcoming health care environment for all. Services include: preventative health screening and chronic disease management, care including adolescent; Sexual health education; Confidential testing and treatments for STIs, including HIV and hepatitis C; Pre-exposure prophylaxis (PrEP) medications: including injectable cabotegravir (Apretude); Post-exposure prophylaxis (PEP) monitoring, medications and access to supportive services; Care for the LGBTQ+ community, including hormone therapy; Medication assisted treatment for substance use disorder; Integrated behavioral health services; HIV Treatment; Access to experienced case managers who can provide assistance with: Treatment adherence, Housing, Food, Transportation, Insurance: including healthcare access for undocumented individuals, access to mental health services including: individual therapy, peer support groups, psychiatry, community-based therapy

Fees/Payment Methods: Accepts most insurances. Including Medicaid and Medicare

Languages Spoken: English, Interpreter services available 24/7

HOME CARE SERVICES

A & T Healthcare LLC LHCSA-

344 Main St. #102, Mt Kisco, NY10549

(914) 244-0544

<http://www.at-healthcare.com/contact-mt-kisco/>

Services Offered: Geriatric Services, Nursing Services, Home Health Aides, and Pediatric Home Care.

Fees/Payment Methods: Contact Agency

Languages Spoken: English, Spanish

AccentCare of New York, Inc.

695 Dutchess Turnpike #107, Poughkeepsie, NY12603

(845) 473-7444

<http://accentcare.com/family-of-companies/accentcare-of-new-york/>

Services Offered: Skilled Nursing- management and evaluation, palliative care, health procedures, behavioral health. Personal Care Services-bathing, dressing, transportation, meal preparation, grooming, medication reminders.

Fees/Payment Methods: Managed Medicaid and private pay \$30.50/hr. (2022 price)

Languages Spoken: English, Spanish

Affiliated Home Care of Putnam, Inc.

4 Marina Drive, Mahopac, NY 10541

(845) 628-2507

www.homecareputnam.com

Services Offered: variety of in-home health services

Fees/Payment Methods: Medicaid, Managed Care

Languages Spoken: English, Spanish, Russian

Angels on Call Homecare, LLC

126 Union Avenue, Peekskill, NY 10566

(845) 628-2255

Services Offered: Nursing, Home Health Aide, Personal Care, Physical Therapy, Occupational Therapy, Speech-Language Pathology, Medical Social Work, Nutrition and Homemaker.

Fees/Payment Methods: Credit Cards, Checks, and ACH collections. Fees may vary, private pay and long-term insurance policies

HHA/PCA services: \$39.50 per hour (2022 price)

Languages Spoken: English, Spanish

Any-Time Home Care, Inc.

10 Little Britian Rd, Newburgh, NY 12550

(845) 565-1212

www.anytimehomecare.org

Services Offered: The Home Health Division is comprised of a paraprofessional service line encompassing the following skills: certified home health aides, personal care aides, homemakers, sitters, behavioral health, early intervention, and geriatrics

Fees/Payment Methods: Contact (845) 353-8280 for more information about accepted payment methods.

Languages Spoken: English, Spanish

Elder Care Staffing Solutions, Inc.

336 US-202 Suite 3, Somers, NY 10589

(914) 265-4299

Ecstaffingsolutions.com

Services Offered: Elder Care offers a myriad of services including the following:

Companion Care: prompts and reminders, shopping and errands, preparing meals, housekeeping, live-in aides, escorting to appointments, dementia care, respite care

Fees/Payment Methods: Hourly-\$30.00 per hour, live-in aides \$385 per day (2022 prices)

Languages Spoken: English, Spanish

Home Instead Senior Care

77 Tarrytown Road, White Plains, NY 10607

(914) 997-0400

www.homeinstead.com

Services Offered: Companionship Care, Personal Care, Meals & Nutrition, Transportation, Household Duties, Respite Care, Hospice Care Support Services, 24 Hour and Live-In Care

Fees/Payment Methods: Offers affordable and competitive rates to meet your care needs. Insurance rates/acceptance varies.

Languages Spoken: English

Visiting Nurse Service of Westchester (VNS), Putnam Branch Office

1311 Mamaroneck Avenue, Suite 180, White Plains, NY 10605

(845) 278-2550

www.vns.org

Services Offered: VNS Westchester's Putnam Branch Office helps patients of all ages recover from illness or injury & manage chronic conditions in the comfort of their homes. Nursing, rehabilitation, home health aides, social work and care coordination services, cardiac disease management, Tele Health monitoring, pain management and palliative care, and mental health home care. Accredited by the Community Health Accreditation Program (CHAP), indicating that they exceed nationally recognized standards of excellence.

Fees/Payment Methods: Medicare, Medicaid, private insurance, private pay

Languages Spoken: English, Spanish

HOME ENERGY NEEDS

Department of Social Services- HEAP (Home Energy Assistance Program)

110 Old Route 6, Building #2, Carmel, NY 10512

(845) 808-1500

www.putnamcountyny.com/social-services

Services Offered: Provides financial assistance with heating costs to income-eligible families/individuals

Fees/Payment Methods: Free

Languages Spoken: English, Spanish, Italian, Portuguese, Hungarian

Putnam County Housing Corporation

11 Seminary Hill Road, Carmel, NY 10512

(845) 225-8493

www.putnamhousing.com

Services Offered: Administers a home improvement program which assists income-eligible homeowners with grants of up to \$40,000 to correct code & safety violations

Fees/Payment Methods: Call for details

Languages Spoken: English, Spanish

Putnam County Office for Senior Resources

110 Old Route 6, Building #1, Carmel, NY 10512

(845) 808-1700

www.putnamcountyny.com

Services Offered: Provides seniors 60+ years old whom own their own home and meet income-guidelines with cost-saving energy improvements, certifies HEAP (Home Energy Assistance Program) applications for residents 60 years of age and older, and SSI recipients of any age, referrals to other community resources

Fees/Payment Methods: Free

Languages Spoken: English

Putnam Weatherization/WestCOP

540 Palmer Road, 2nd floor, Yonkers, NY 10701

(914) 375-7887

www.westcop.org

Services Offered: Provides weatherization services such as weather-stripping and caulking around doors and windows, cleaning, testing, repairs or replacement of heating systems, repair of broken window glass or possible replacement of some windows, repair or replacement of outside doors and addition of insulation to walls to income-eligible individuals/families

Fees/Payment Methods: Free

Languages Spoken: English

HOUSING NEEDS

Brewster Cares

31 Prospect Street, Brewster, NY 10509
(845) 279-6146

Services Offered: Temporary shelter for homeless individuals. Warming center available for the unsheltered. Check-in is every night, located at 468 N. Main Street in Brewster, starting at 8:30 pm. Warm meal is provided, a shower, and a place to wash their clothes. Between 6:30 am-2:30 pm warming center provides access to TV, charging electronic devices, setup / participate in private meetings with social services, or medical appointments

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Dorothy Day Hospitality House

11 Spring Street, Danbury, CT 06813
(203) 743-7988
www.dorothydaydanbury.org

Services Offered: Shelter for homeless men and women 18 years old and older. Stay is from 9:00 pm to 6:00 am. Limited to 16 beds. Will accept NY residents. Breakfast is served from 6:30 am – 9:00 am and afternoon meal is served from 3:00 – 4:00 pm.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Putnam County Department of Social Services

110 Old Route 6, Carmel, NY 10512
(845) 808-1500
<https://www.putnamcountyny.com/department-of-social-services>

Services Offered: Provides temporary housing assistance for homeless adults with minor children in their care

Fees/Payment Methods: Please call for details

Languages Spoken: English, Spanish

Putnam County Housing Corporation

11 Seminary Hill Road, Carmel, NY 10512
(845) 225-8493
www.putnamhousing.com

Services Offered: Administers the Section 8 rental subsidy program, Family Self-Sufficiency program (helps Section 8 families become economically independent), counseling program (for homeowners & renters), home improvement programs and senior housing, foreclosure counseling services

Fees/Payment Methods: Varies by program, please call for details

Languages Spoken: English, Spanish

IMMIGRATION SERVICES

Catholic Charities Community Services

175 Main Street, Brewster, NY 10509

(845) 279-5276

www.catholiccharitiesny.org

Services Offered: Department of Immigration & Legal Services offers legal consultations and representation to newcomers regarding their immigration status. Services are provided to individuals of all countries and religious beliefs.

Fees/Payment Methods: Consultation Fee: \$50.00. Fee reductions and (or) waivers are available to those who qualify. No one is turned away due to their inability to pay the fee.

Languages Spoken: English, Spanish at the Brewster office location; language service support in 200 languages via NYS New Americans Hotline at (800) 566-7636

Neighbors Link

27 Columbus Avenue, Mount Kisco, NY 10549

(914) 666-3410, (914) 502-3377

www.neighborslink.org

Services Offered: Provides a full array of immigration legal services, from citizenship applications to removal proceedings. Represents both detained and non-detained individuals as well as adults and children in NY Family Court, before ICE, USCIS, EOIR, BIA and in federal court.

Fees/Payment Methods: Fees vary depending on services

Languages Spoken: English, Spanish, and access to language service support

The Westchester Hispanic Coalition

46 Waller Avenue, White Plains, NY 10605

(914) 948-8466

www.hispaniccoalition.org

Services Offered: Provides community based legal services for residents of Westchester and Putnam Counties. Office Hours: Mon-Thurs 9am-5pm & Fri 9am-3pm.

Fees/Payment Methods: First consultation is \$60 and fees vary depending on services.

Languages Spoken: English, Spanish

LEGAL SERVICES

Child Advocacy Center of Putnam County

121 Main Street, Brewster, NY 10509
(845) 808-1400

<http://putnamcac.org/>

Services Offered: Provides services to children who are identified as potential victims of physical or sexual abuse and/or domestic violence; center provides a non-threatening atmosphere for conducting interviews, medical examinations, and provides a victim advocate to assist the family through the legal process and make referrals to appropriate community resources. Provide prevention and education around child abuse awareness.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Dispute Resolution Center

110 Old Route 6, Building #3, Carmel, NY 10512
(845) 372-8771

www.drcservices.org

Services Offered: Provides mediation, conciliation, group facilitation and arbitration, as well as other processes that are applicable to a broad range of family, youth, school, housing business issues; also offers related educational training and workshops

Fees/Payment Methods: \$30 Administrative fee, divorce mediation will require additional cost

Languages Spoken: English, Spanish

Empire Justice Center

80 North Broadway, White Plains, NY 10603
(914) 422-4329

www.empirejustice.org

Services Offered: Provides free legal representation to low-income individuals regarding immigration and immigrant victims of domestic violence. Also provides training and technical assistance to community-based organizations.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

John Jay Legal Services of Pace Law School

78 North Broadway, White Plains, NY 10603
(914) 422-4333

www.law.pace.edu/john-jay-legal-services

Services Offered: Provides free direct legal representation to low-income individuals in matters of disability rights, immigration and immigrants' rights

Fees/Payment Methods: Free

Languages Spoken: English, services available in multiple languages (dependent upon law students participating in the legal clinic)

Legal Services of the Hudson Valley

90 Maple Avenue, White Plains, NY 10601

(914) 949-1305, (877) 574-8529

www.lshv.org

Services Offered: Provides free legal representation in civil matters such as: children's advocacy, housing, public benefits, elder law, domestic violence, protection and advocacy of individual rights, unemployment benefits, health advocacy project and HIV/Ryan White to low-income individuals (not all services are offered at each location)

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

PACE Women's Justice Center

27 Crane Avenue, White Plains, NY 10603

(914) 422-4069

(914) 287-0739 (Free Legal Helpline)

www.law.pace.edu/wjc

Services Offered: Free legal services to low-income victims of domestic violence, sexual assault & elder abuse

Fees/Payment Methods: Free

Languages Spoken: English, Spanish, call for other languages

Putnam County Bar Association

P. O. Box 44, Carmel, NY 10512

(845) 490-9104

www.putnamcountybar.org

info@putnamcountybar.org

Services Offered: Provides free legal referral service

Fees/Payment Methods: Free

Languages Spoken: English

Putnam County District Attorney Victim/Witness Program

40 Gleneida Avenue, Carmel, NY 10512

(845) 808-1050

<http://putnamcountyda.org/victim-services>

Services Offered: Assists victims of crime and their families through traumas associated with victimization. The Probation Department provides all county residents with access to the Family Court to address issues of family abuse, custody, visitation, support and paternity. A probation intake worker is available for both emergency services and scheduled appointments. The intake worker assists individuals with the completion of Family Court petitions which address the aforementioned issues.

Fees/Payment Methods: Free

Languages Spoken: English

Putnam County Family Court

20 County Center, Carmel, NY 10512
(845) 208-7800

www.nycourts.gov/courts/9jd/putnam/putnamfamily.shtml

Services Offered: Provides child support, order of protection, custody and visitation services. The Probation Department provides all county residents with access to the Family Court to address issues of family abuse, custody, visitation, support and paternity. A probation intake worker is available for both emergency services and scheduled appointments. The intake worker assists individuals with the completion of Family Court petitions which address the aforementioned issues.

Fees/Payment Methods: Determined by court

Languages Spoken: English, Accesses NYS list of interpreters when needed

Putnam County Legal Aid Society

47 Gleneida Ave, Carmel, NY 10512
(845) 225-8466

Services Offered: Provides legal assistance to low-income defendants facing criminal charges or Family Court matters.

Fees/Payment Methods: Free

Languages Spoken: English, Court accesses NYS list of interpreters when needed

Putnam County Probation Department

40 Gleneida Avenue, Carmel, NY 10512
(845) 808 -1111

www.putnamcountyny.com/probation

Services Offered: Provides supervision to offenders, promotes the rehabilitation of those under their supervision, and assists crime victims through referrals to community services. The Probation Department provides all county residents with access to the Family Court to address issues of family abuse, custody, visitation, support and paternity. A probation intake worker is available for both emergency services and scheduled appointments. The intake worker assists individuals with the completion of Family Court petitions which address the aforementioned issues.

Fees/Payment Methods: Inquire with department

Languages Spoken: English, Spanish

Putnam County Sheriff's Department

3 County Center, Carmel, NY 10512
(845) 225-4300

www.putnamsheriff.com

Services Offered: Provides crime prevention, protection of life and property, maintenance of order and oversees the inmate community work, inmate education, operation safe child, "Are you okay?", Citizens' police academy and safe seniors programs

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Putnam/Northern Westchester Women's Resource Center

935 S Lake Blvd #2, Mahopac, NY 10541

(845) 628-9284

www.pnwwrc.org

Services Offered: Provides advocacy, education and counseling services to women, men & children, as well as legal referrals

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

The Worker Justice Center of NY

9 Main Street, Kingston, NY 12401

(800) 724-7020 (Clients)

www.wjcny.org

Services Offered: Provides free legal services to low-wage workers struggling to enforce their rights in the workplace, provides education about labor and civil rights, and works with local and national organizations to advocate for reform on behalf of low-wage workers.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

LGBT RESOURCES

GLSEN-Westchester- Lower Hudson Valley Chapter (Westchester, Putnam, Rockland Counties)

P.O. Box 604, Yorktown Heights, NY 10598

Phone: (914) 962-7888

www.glsen.org/chapters/hudsonvalley/ourchapter

Services Offered: GLSEN works to ensure safe schools for all students, regardless of sexual orientation and gender identity. We offer many ways you can engage your school community, including supporting Gay-Straight Alliances (GSAs) and school staff presentations. Chapter is entirely volunteered based.

Fees/Payment Methods: Free

Languages Spoken: English

Planned Parenthood Mid-Hudson Valley

17 Noxon Street, Poughkeepsie, NY 12601

136 Lake Street, Suite 11, Newburgh, NY 12550

(845) 471-1530

www.plannedparenthood.org

Services Offered: Assists with connecting with in-person or telehealth services to find a LGBTQ+ friendly provider, provides referrals and support letters for a number of services including gender affirming surgeries, provides information to help with updating various forms of IDs (birth certificate, State ID, social security card, etc.), provides information on gender affirming hormone care and helps individuals connect with local social and support groups

Fees/Payment Methods: Accepts Medicaid, private insurance, sliding scale fee for those without health insurance

Languages Spoken: English, Spanish

Putnam PFLAG

Mahopac Library, 668 Route 6, Mahopac, NY 10541

(914) 523-6986

www.pflagwestchester.org

Services Offered: Our primary mission is to support and educate families, friends and loved ones of those who identify as lesbian, gay, bisexual, non-binary or transgender. Our free and confidential monthly meetings are open to everyone. Meetings are held every 4th Monday of the month at 6:45pm to 8:45pm. Since the pandemic we have been meeting on Zoom.

Fees/Payments: Free

Languages Spoken: English

The LOFT

252 Bryant Avenue, White Plains, NY 10601

(914) 948-2932, Helpline: (914) 948-4932, ext. 13

www.loftgaycenter.org

Services Offered: Provides education, advocacy and celebratory services to the lesbian, gay, bisexual and transgendered community of the lower Hudson Valley

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Triangle Community Center

650 West Ave, Norwalk, CT 06850

(203) 853-0600

www.ctpridecenter.org

Services Offered: TCC is home to many free groups that meet weekly, bi-weekly or monthly at the center. The groups include peer support, recovery, older adult day time programming, crafts, sober social events, and youth groups and food pantry. TCC strives to make local area providers more welcoming and affirming through education with its LGBTQ Training Institute. Free counseling and case management available online and in person for CT residents.

Fees/Payment Methods: Free

Languages Spoken: English

MEDICAL CARE

Danbury Hospital Community Health Center

24 Hospital Avenue, Danbury, CT 06810

(203) 739-7000

www.nuvancehealth.org

Services Offered: Primary care, pediatrics, imaging & radiology, surgical services, bariatric surgery, orthopedics

Fees/Payment Methods: Accept Medicaid and private insurance, sliding fee for those without insurance

Languages Spoken: English, Spanish

Hudson Valley Regional Community Health Centers

15 Mount Ebo Road South, Suite 1, Brewster, NY 10509

(845) 278-6930

www.hvrchealth.org

Services Offered: Provides primary care medical services, specialized medical services, mental health counseling, dental services, rehabilitation services, audiology. Health services to patients, include those who are underserved with a special focus on the needs of people with disabilities and chronic health conditions.

Fees/Payment Methods: Accepts Medicaid, sliding scale fee for those without insurance

Languages Spoken: English, Spanish

Northern Westchester Hospital- Maternity

400 East Main Street, Mount Kisco, NY 10549

(914) 666-1840

www.nwh.northwell.edu/maternity

Services Offered: Provides pre-natal medical care, level III NICU and is the application site for PCAP (health insurance program for pregnant women)

Fees/Payment Methods: Accepts Medicaid, PCAP Medicaid program, private insurance

Languages Spoken: English, Spanish

Open Door Family Medical Center

155 East Main Street, Suite 101 Brewster, NY 10509

(914) 632-2737

www.opendoormedical.org

Services Offered: Family Medicine, Women's Health, Gynecology, Prenatal Care, Family Planning, Pediatrics, Immunizations, Routine Check-Ups, Sexual Health & HIV Services, Dental Care, Behavioral/Mental Health, Podiatry, Nutrition, Patient Advocacy, Chronic Disease Education and Management, Insurance Enrollment, Wellness Program and WIC

Fees/Payment Methods: Most insurances accepted. Discounts available for uninsured. Payment based on ability to pay

Languages Spoken: English, Spanish, Translation line available

Planned Parenthood

17 Noxon Street, Poughkeepsie, NY 12601

(845) 471-1540

136 Lake Street, Suite 11, Newburgh, NY 12550

(845) 471-1530

www.plannedparenthood.org

Services Offered: Provides pregnancy testing, family planning and comprehensive women's health care

Fees/Payment Methods: Accepts Medicaid, private insurance, sliding scale fee for those without health insurance

Languages Spoken: English, Spanish

Putnam County Department of Health

1 Geneva Road, Brewster, NY 10509

(845) 808-1390

www.putnamcountyny.com/health

Services Offered: Services offered in the areas of family health, which include Newborn screening, Maternal & Child Health Program, Lead screening, Immunizations, Migrant Clinic, HIV and Hepatitis C counseling & testing, STD services and treatment, Tuberculosis services and treatment, Communicable Disease Control, Environmental Health, Community Health Assessment and Health Education

Fees/Payment Methods: Eligibility requirements, Free/Sliding fee scale

Languages Spoken: English, Spanish

Putnam Hospital Center- Nuvance Health

670 Stoneleigh Avenue, Carmel, NY 10512

(845) 302-3491

www.nuvancehealth.org

Services Offered: Medical, surgical, psychiatric, pediatric and obstetrical/gynecological care

Fees/Payment Methods: Determined by provider

Languages Spoken: English, Translation services available upon request

Sun River Health

1037 Main Street, Peekskill, NY 10566

(914) 734-8800 (medical & dental)

Behavioral health: (914) 734-8740

Optometry: (914) 734-8780

Pediatrics: (914) 734-8530

Podiatry: (914) 734-8710

Urgent Care: (914) 402-7400

Women's Health: (914) 734-8790

www.sunriver.org

Services Offered: Dental, optometry, pediatric, women's health, internal medicine, podiatry, nutrition, urgent care services, HIV testing & counseling, and substance abuse care, Pathways Alcohol & Drug Counseling

Fees/Payment Methods: Accepts Medicaid and private insurance, sliding scale fee available for those without insurance

Languages Spoken: English, Spanish, translation line available

Westchester Medical Center

100 Woods Road, Valhalla, NY 10595

(914) 493-7000

www.westchestermedicalcenter.com

Services Offered: advanced imaging, brain & spine institute, orthopedics & orthopedic surgery, psychiatry & mental health, transplant center, trauma & burn center, pediatric & OB/GYN services, cancer institute and heart & vascular institute

Fees/Payment Methods: Determined by provider

Languages Spoken: English, Translation services available upon request

MENTAL HEALTH SERVICES

CoveCare Center

1808 Route 6, Carmel, NY 10512
(845) 225-2700

www.covecarecenter.org

Services Offered: Provides support, education advocacy for those affected by mental illness. The mental health clinic has individual therapy & medication management to treat most kinds of mental illnesses and issues and works with all ages from young children to older adults.

Fees/Payment Methods: Medicaid, Medicare, most commercial insurance plans, and sliding scale fee for those who are uninsured

Languages Spoken: English, some bilingual therapists

Green Chimneys Community Based Services

1689 Route 22, Brewster, NY 10509
(845) 279-2378 or (845) 279- 2995 ext. 701

www.greenchimneys.org

Services Offered: Individual therapy, family therapy and care coordination.

Fees/Payment Methods: Medicaid

Languages Spoken: English, Spanish

Hudson Valley Cerebral Palsy Association

15 Mount Ebo Road South, Brewster, NY 10509
(845) 878-9078

www.hvcpa.org

Services Offered: Provides psychotherapy to both children and adults. The mission of Hudson Valley Cerebral Palsy Association is to advocate with and for individuals with Cerebral Palsy and individuals with similar service needs, and their families to provide them with lifelong opportunities and choices that promote their health, independence, inclusion, while achieving an enhanced quality of life.

Fees/Payment Methods: Medicaid, sliding scale fee for those without insurance

Languages Spoken: English, Spanish

Mental Health Association in Putnam County, Inc.

1822 US-6, Carmel, NY 10512
(845) 278-7600

Putnam County Crisis Hotline: (845) 225-1222 (24 hours/day, 7days/week)

www.mhaputnam.org

Services Offered: Peers helping peers by providing help through experience, offers a variety of free social programs, and provides information and referrals to community resources

Fees/Payment Methods: Free

Languages Spoken: English

NAMI (National Alliance on Mental Illness) Putnam Chapter

P.O. Box 552, Mahopac, NY 10541

(845) 363-1478

www.namiputnam.org

Services Offered: Provides support, education advocacy for those affected by mental illness and educational classes

Fees/Payment Methods: Free

Languages Spoken: English

Open Door Family Medical Center

155 East Main Street, Suite 101 Brewster, NY 10509

(914) 632-2732

www.opendoormedical.org

Services Offered: Social Work services, individual and family Counseling, screening and assessments, primary medical care, dental, women's health, podiatry, behavioral health and nutrition, WIC (Women, Infants and Children)

Fees/Payment Methods: Most insurances are accepted including Medicaid, Child Health Plus, several carriers on the NY State of Health Marketplace & Medicare. Discounts available for uninsured. Payment based on ability to pay

Languages Spoken: English, Spanish, Translation line available

Philipstown Behavioral Health Hub

5 Stone Street, Cold Spring, NY 10516

(845) 809-5050

Confidential Text: (845) 260-1001

Services Offered: provides LOCAL access to behavioral health and addiction resources in Philipstown, New York, Care Coordinators can provide information on local treatment and recovery resources, guidance & support for families, direct referrals to service providers, hosts Mental Health First Aid Training sessions, parenting programs that support & assist parents to support their children at the advance through various life stages & changes or struggle with behavioral health and addiction concerns

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Putnam Clinic of Rockland Psychiatric Center (Brewster Clinic)

1620 Route 22, Brewster, NY 10509

(845) 278-2500, ext. 318

Services Offered: Outpatient mental health facility. Treatment program for those adults who are best served with psychiatric visits on a weekly basis. Provides psychotherapy, counseling, mediation therapy, rehabilitation therapy and vocational therapy.

Fees/Payment Methods: Medicaid, NYS financed health insurance plan other than Medicaid, private insurance, cash or self-payment, will provide services to those who are uninsured and unable to pay on sliding scale

Languages Spoken: English, Translation in any language available

Putnam County Suicide Prevention Task Force

www.crisistextline.org

Text: 741741

Services Offered: Confidential 24/7 support for people in crisis (COVID-19, Anxiety, Eating Disorder, Depression, Suicide, etc.)

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Putnam/Northern Westchester Women's Resource Center

935 S Lake Blvd #2, Mahopac, NY 10541

(845) 628-9284

24-hour Crisis Hotline (845) 628-2166**Fees/Payment Methods:** Free

Languages Spoken: English, Spanish

www.pnwwrc.org

Services Offered: Provides advocacy, education and counseling services to women and children, group legal consultations, shelter, case management, as well as legal consultations

Search For Change

2615 Carmel Avenue, Brewster, NY 10509

(914) 428-5600, ext. 5603

www.searchforchange.org

Services Offered: Provides residential services, private case management, vocational services, respite care and hospital diversion programs, as well as assertiveness/self-advocacy, health services, medication management, substance abuse services, rehabilitation counseling, daily living skills, parenting skills training and community integration

Fees/Payment Methods: Medicaid, private pay

Languages Spoken: English

RECREATION PROGRAMS

ARC Mid-Hudson

575 Drewville Road, Carmel, NY 10512

(845) 331-4300

(845) 278-7272

www.arcmh.org

Services Offered: Provides recreational opportunities for children and adults with developmental disabilities who live at home with their families in Putnam County. Residential services and supervised apartments.

Fees/Payment Methods: Varies by program, please call for details

Languages Spoken: English

Carmel Recreation and Parks

790 Long Pond Road, Mahopac, NY 10541

(845) 628-7888

Carmel Town Hall

60 McAlpin Avenue, Mahopac, NY 10541

(845) 628-1500

www.ci.carmel.ny.us/recreation

Services Offered: Various adult and youth activities/sports/classes, summer camp, senior citizen program, and special events

Fees/Payment Methods: Varies by program, please call for details

Languages Spoken: English

Green Chimneys

400 Doansburg Road, Brewster, NY 10509

(845) 279-2995, ext. 346

www.greenchimneys.org

Services Offered: Swim programs including swimming lessons/lifeguard training, and pool parties. Summer camps located in Brewster and Carmel also available over vacation weeks.

Fees/Payment Methods: Registration is required.

Languages Spoken: English

Kent Recreation

770 Route 52

Carmel, NY 10512

(845) 531-2100

Contact: Louis Fernandez

Kent Town Hall

15 Sybil's Crossing, Kent Lakes, NY 10512

(845) 306-5620

www.townofkentny.gov/rec_home.htm

Services Offered: Various youth programs (baseball, softball, basketball, soccer, and bowling) and various community activities

Fees/Payment Methods: Varies by program, please call for details

Languages Spoken: English

Philipstown Recreation**Philipstown Community Center**

107 Glencllyffe Drive

Garrison, NY 10524

(845) 424-4618

www.philipstownrecreation.com

Services Offered: Summer camps and various activities/special programs for children, adults and seniors

Fees/Payment Methods: Varies by program, please call for details

Languages Spoken: English, Spanish

Pied Piper Youth Theater

White Pond Center, 275 White Pond Rd, Stormville, NY 12582

(845) 878-9780

<http://www.pipertheater.org/>

Services Offered: Non-profit organization dedicated to meeting the needs of the community through artistic and creative endeavors. Putnam and Dutchess County youth theater offering workshops and productions

Fees/Payment Methods: Depends on program, see website for details

Languages Spoken: English

Putnam Valley Parks & Recreation Department

265 Oscawana Lake Road

Putnam Valley, NY 10579

(845) 526-3292

www.pvpr.com/db/

Services Offered: Offers various adult and youth activities, offer day camp and before and after school child care

Fees/Payment Methods: Varies by program, please call for details

Languages Spoken: English

The Patterson Recreation Center

65 Front Street

Patterson, NY 12563

(845) 878-7200

www.pattersonny.myrec.com/info/default.aspx

Services Offered: Pre-K (20 kids per year), Summer camps, special events, and programs/sports/activities for all ages

Fees/Payment Methods: Varies by program, please call for details

Languages Spoken: English

Town of Southeast Recreation Department

1 Main Street, Brewster, NY 10509

(845) 279-3915

www.southeast-ny.gov/199/programs

Services Offered: Culture Camp, youth basketball, women's softball, summer sports camps and various special programs for youth (including football and cheerleading), adults and seniors, and a before and after care program

Fees/Payment Methods: Varies by program, please call for details

Languages Spoken: English

SENIOR RESOURCES

Brewster Cares

31 Prospect Street, Brewster, NY 10509

(845) 279-6146

brewstercaresny@gmail.com

<https://brewstercaresny.org/helping-neighbors/>

Services Offered: Through "Neighbors Helping Neighbors," Brewster Cares connects with our elderly community to help with small household repairs, yard work, etc.

Payment Methods: Free

Languages Spoken: English, Spanish

CoveCare Center

1808 Route 6, Carmel, NY 10512

(845) 225-2700

www.covecarecenter.org

Services Offered: Provides mental health clinic services for all ages, chemical dependency services (treatment, prevention, and outreach), community-based services, Personalized Recovery Oriented Services, and children/adult/senior care management

Fees/Payment Methods: Medicaid, private insurance, sliding scale fee for those without insurance

Languages Spoken: English, Spanish

Putnam County Office for Senior Resources

110 Old Route 6, Building #1, Carmel, NY 10512

(845) 808-1700

Carmel Friendship Center

110 Old Route 6, Building #1, Carmel, NY 10512

(845) 808-1701

Cold Spring Nutrition Center

American Legion Hall, 4 Cedar Street, Cold Spring, NY 10516

(845) 265-3952

Putnam County Friendship Center at Putnam Valley

117 Town Park Lane, Putnam Valley, NY 10579

(845) 808-1730

William Koehler Memorial Senior Center

180 US 6, Mahopac, NY 10541

(845) 808-1738

<http://www.putnamcountyny.com/osr/check-out-our-senior-centers/>

Services Offered: Administers the following programs for persons 60+ years of age: expanded in-home services for the elderly, photo IDs, elderly pharmaceutical insurance coverage (EPIC), health insurance information and counseling assistance, medical insurance program, Home Energy Assistance Program (HEAP), weatherization, legal services, nutrition and information & referrals to community resources

Fees/Payment Methods: Free

Languages Spoken: English

TRANSPORTATION SERVICES

Housatonic Area Regional Transportation (HART)

62 Federal Road, Danbury, CT 06810

(203) 744-4070

<http://www.hartransit.com/>

Services Offered: Public transportation in NY & CT, for schedule and route information go to the website or call

Fees/Payment Methods: Standard Fares: \$1.75 full fare, \$1.40 for students (K-12), \$.85 for seniors or disabled.

Languages Spoken: English

PART Paratransit

Putnam County Transportation

841 Fair Street, Carmel, NY 10512

(845) 878-3480

www.putnamcountyny.com/transporation

Services Offered: An origin-to-destination transportation system for those Putnam residents who are unable to use the PART public transportation due to a physical or mental disability. PART Paratransit operates specially modified vans to transport riders with a range of disabilities, including those who use wheelchairs.

Fees/Payment Methods: \$3.25 one-way

Languages Spoken: English

Putnam Area Rapid Transit (PART)

Putnam County Transportation

841 Fair Street, Carmel, NY 10512

(845) 878-7433

www.putnamcountyny.com/planningdept/putnam-transit-schedules

Services Offered: Bus service throughout Putnam County, please call for schedule or go to website

Fees/Payment Methods: \$2.50 one-way, \$1.25 for Seniors & Disabled with Office for the Aging ID card, Medicare card, and/or Half-Fare card issued by the Putnam County Planning Department are eligible for half-fare, \$1.25 for students with I.D or children under 13, infants ride for free

Languages Spoken: English

The Ride United Transportation Access Program- United Way of Westchester and Putnam

336 Central Park Avenue, White Plains, NY 10606

(914) 997-6700

<https://www.uwwp.org/united-way-works-to-close-the-transportation-gap/>

Services Offered: The Ride United Transportation Access Program offers free Lyft rides to residents without access to a vehicle or public transportation. These rides can be used for non-emergency medical appointments, job interviews, workforce development training, court appearances, and other health and human service-related meetings. Residents must be referred to the program through a partnering nonprofit or agency

Fees/Payment Methods: Free

Languages Spoken: English

VETERANS RESOURCES

My Brother Vinny

P.O. Box 644, Yorktown Heights, NY 10598

(914) 299-2106

www.mybrothervinny.org

Services offered: Assists Veterans to start over after being homeless by providing furniture, household items, kitchen utensils, linens, dish sets, toiletries, etc.

Fees/Payment Methods: Free

Languages Spoken: English

Putnam County Veteran Service Agency

110 Old Route 6, Bldg. 3, Carmel, NY 10512

(845) 808-1620

www.putnamcountyny.com/vsa

Services offered: Assistance with claims, Housing at veterans' residence in Carmel, Community assistance, Transportation to veteran facilities.

Fees/Payment Methods: Free

Languages Spoken: English

WestCOP- Support Services For Veterans and Their Families Program

28 East 1st Street, Mount Vernon, NY 10550

(914) 664-8680

www.westcopny.org/ssvf

Services offered: housing search, temporary financial assistance for rent, utilities, transportation, child care or education, job coaching, assistance with job search and placement and assistance with obtaining VA and other public benefits provided.

Fees/Payment Methods: Free

Languages Spoken: English

YOUTH RESOURCES

Arbor House (Green Chimneys Community-Based Services)

Call for details for Arbor House/Jules Schwimmer Residence
(845) 279-2995, 24- hour hotline: (845) 279-2588 (free, confidential help)
<http://www.greenchimneys.org/arborhouse/>

Services Offered: Provides temporary residential & respite services and case management to youth. Ages 12-17, who have run away, been displaced from their home, are homeless, need a break due to family conflict, have been discharged from a residential facility or who cannot be home for other reasons. Text 4 Teens is a partnership between Green Chimneys, the Mental Health Association and the Suicide Prevention Taskforce. Text ANONYMOUSLY at (845) 661-9749 (Friday 6:00 – 10:00 pm and Sunday 4:00 – 8:00 pm)

Fees/Payment Methods: Free

Languages Spoken: English

Boy Scouts of America Westchester-Putnam Council

Westchester-Putnam Council Headquarters
18 Westage Drive Space 19, Fishkill, NY 12524
(914) 773-1135
<https://beascout.scouting.org>

Services Offered: Builds confidence and character for all ages including: Cub Scouts for grades 1-5, Boy Scouts for grades 6-12, and Venturing for ages 14-21 male/female. Offers Cub and Boy Scout summer camps, weekend camping, and various programs and events

Fees/Payment Methods: Depends on program, call for details

Languages Spoken: English

Child Advocacy Center of Putnam County

121 Main Street, Brewster, NY 10509
(845) 808-1400
<http://putnamcac.org/>

Services Offered: The CAC is a child- and family-focused facility, providing comprehensive, multidisciplinary services to children suspected of being abused. Provides services to children who are identified as potential victims of physical or sexual abuse and/or domestic violence; center provides a non-threatening atmosphere for conducting interviews, medical examinations, and provides a victim advocate to assist the family through the legal process and make referrals to appropriate community resources. Provide prevention and education around child abuse awareness and community education trainings.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Community Outreach Center (Green Chimneys- Community Based Services)

965 Route 22, Brewster, NY 10509

(845) 279-1467. 24 Hour Hotline: (845) 279-2588

<http://www.greenchimneys.org/outreachcenter/>

Services Offered: Provides after-school & evening activities, intervention prevention & counseling for community youth (ages 7-20) in order to provide a safe & productive place to interact with peers and promote positive youth development; provides an after-school program, Street Outreach services, Group Meetings for specified age groups and reasons, parent central, and community service. Youth aged 14 and older can work as volunteers at the Center helping younger youth with homework, leading arts & crafts activities, teaching skills/hobbies or assisting staff with special projects.

Fees/Payment Methods: Free

Languages Spoken: English

Cornell Cooperative Extension

Terravest Corporate Park, 1 Geneva Road, Brewster, NY 10509

(845) 278-6738

<http://putnam.cce.cornell.edu/>

Services Offered: Provides information and sponsors activities on topics such as environment & natural resources, food and nutrition, gardening, energy, agriculture and STEM. Cloverbud clubs ages 5-8 4-H Clubs 8-12 & 13 -19, provides a 4-H club that designs programs, projects & activities that provide fun learning experiences; 4-H S.T.E.P. programs (short-term educational projects).

Fees/Payment Methods: Varies by program, please call for details

Languages Spoken: English

Girl Scouts Heart of the Hudson

1488 US-9 #3

2 Great Oak Lane, Wappingers Falls, NY 12590

30 Scott's Corners Drive, Montgomery, NY 12549

(855) 232-4744

<http://www.girlscoutshh.org/>

Services Offered: Serves girls in seven counties including Putnam County, provides programming for girls in grades K through 12 along with adult volunteers, summer camps, volunteering, and various programs and activities

Fees/Payment Methods: Depends on program, call for details

Languages Spoken: English, Spanish

Green Chimneys, Inc.

Brewster Campus: 400 Doansburg Road, Brewster, NY 10509
 (845) 279-2995
 Community-based Services: 1689 US- 22, Brewster, NY 10509
 (845) 279-2378
www.greenchimneys.org

Services Offered: Not-for-profit school and social service corporation focused on animals and nature that provides access to services for children with emotional, behavioral and learning challenges. Program includes a therapeutic day school, residential treatment programs, mandated preventive services, PINS Prevention Program and Home & Community Based Waiver Program, programs for at-risk, runaway, homeless, foster care youth and families in crisis, Nature's Nursery preschool and after-school programs, Summer Camps (Clearpool/Hillside), Summer Sprouts Camp Program, and Internship Programs

Fees/Payment Methods: Differs by program, call for details

Languages Spoken: English

Mental Health Association (MHA) in Putnam County

1822 US-6, Carmel, NY 10512
 (845) 278-7600
www.mhaputnam.org

Services Offered: Provides information and support line for mental health issues, Peer Café for adults 18-26, family support, suicide prevention, Warriors and Junior Warriors group for youth ages 8-17 and LGBTQ+ groups

Fees/Payment Methods: Free

Languages Spoken: English

Putnam County Department of Social Services- Children's Services

110 Old Route 6, Carmel, NY 10512
 (845) 808- 1500
www.putnamcountyny.com/department-of-social-services

Services Offered: Child Protective: receives reports of child abuse; purpose of program is to protect children from abuse and neglect

Children's Services: foster care, day care, preventative services, adoption services, casework counseling to families in need of preventing out-of-home placements without regard to income

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Putnam County Youth Bureau

110 Old Route 6, Bldg. #3, Carmel, NY 10512
 (845) 808-1600
www.putnamcountyny.com/youth

Services Offered: Offers information on and referrals to youth programs, education & training, Pegasus Program for youth ages 6 -12 who have a parent or family member suffering from alcoholism or other drug dependencies, Teens-N-Kids Mentoring Program which matches elementary age students with high school students, Youth Court diversion program, runaway and homeless youth programs, Youth Forum and coordination of services and advocacy for youth & families

Fees/Payment Methods: Free

Languages Spoken: English

Putnam County Suicide Prevention Task Force

<https://putnamcac.org/suicide-prevention-task-force/>

www.crisistextline.org

Text: 741741

The Putnam County Crisis Hotline- (845) 225-1222

National Suicide Prevention Lifeline: (800) 273-TALK (8255)

Services Offered: Confidential 24/7 support for people in crisis

Fees/Payment Methods: Free

Languages Spoken: English

BLANK PAGE