



Please RSVP to any and all MHA Drop-In activities

Any questions call Angela 845-803-9041

Time and locations noted for each event.

NEW to MHA is Monday's Drop-in at First Baptist in Brewster.

Come, drop-in, have a cup of coffee, play games or do some art activities.

We will have a peer at these location.

A Peer is someone that has a lived mental health experience who have achieved significant recovery and can assist others in their recovery journey

845-278-7600
www.mhaputnam.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	November 2023			1	2 Women's Group w/Bonnie 2:30pm at Brewster	3	4
5	6 NEW Drop-in 10:30am-3:30pm First Baptist Church in Brewster Holiday crafts	7	8 Family Support Group with Bill 630pm-8pm at PHC	9 Women's Group w/Bonnie 2:30pm at Brewster Library	10 MHA CLOSED 	11	
12	13	14 3pm Drop-in Wendy's in Carmel	15	16 Women's Group w/Bonnie 2:30pm at Brewster Library	17	18	
19	20 Drop-in 12-5pm Thanksgiving Lunch served at 1pm First Baptist Church in Brewster (see flier) You must RSVP	21	22 NO Family Support Group	23 MHA CLOSED 	24	25	
26	27	28 1-4pm Drop-in Mt. Carmel Baptist Church in Carmel Holiday Crafts	29	30 Women's Group w/Bonnie 2:30pm at Brewster Library	Events subject to change without notice.		