



September 2023



In-person Drop-In Activities (A chance to get together and socialize)

September 12th (Tuesday) Mt. Carmel Baptist Church 1-4pm

1:15 -2pm Chair Yoga

2-4pm – make your own rice pack and games

Light snacks will be served.

Please Park in the Wenco Plaza parking lot off Fair St and enter through door that says “AA” meeting room. Please DO NOT park in the church driveway.

September 20th (Wednesday) 3pm -5pm

First Baptist Church in Brewster

Pasta and Salad

Please RSVP Angela 845-803-9041

September 26th (Tuesday) Mt. Carmel Baptist Church 1-4pm

Craft (calming jars) and Pizza

Please Park in the Wenco Plaza parking lot off Fair St and enter through door that says “AA” meeting room. Please DO NOT park in the church driveway.

Please RSVP Angela 845-803-9041



MHA Warmline 845-278-7600

Monday – Friday 10am-3pm

Call us, we are here for YOU!!

