

MHA Virtual & In-Person Youth Programs

Virtual groups held via Zoom*
In-person groups on pause for safety

June 2022

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2 Peer Café 4:00pm	3	4
5	6	7	8	9 Peer Café 4:00pm	10	11
12	13	14	15	16 Peer Café 4:00pm	17	18
19	20	21	22	23 Peer Café 4:00pm	24	25
26	27	28	29	30 Peer Café 4:00pm		



Mental Health and wellness
focused groups:

Junior Warr;ors ages 8-13
Warr;ors ages 14-17
Peer Café ages 18-26

LGBTQ+ focused groups:

SPECTRUM ages 13-18
SAGE ages 19 & up

For more information and/or
group access codes please contact:

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