



**Suicide Prevention...**  
**Our Community Working Together**  
**Wednesday, October 24, 2018**  
**9:00am-12:30pm**

**Hosted by: The Mental Health Association in Putnam County, Inc.  
and Putnam Hospital Center  
In the Michael T. Weber Auditorium  
Putnam Hospital Center  
670 Stoneleigh Avenue  
Carmel, NY 10512**

## **AGENDA**

**9:00 Registration & Breakfast**

**9:15 Welcome and Opening Remarks**

Megan Castellano, MPA-Executive Director, Mental Health Association in Putnam County, Inc.  
Co-Chair, Putnam County Suicide Prevention Task Force

MaryEllen Odell-Putnam County Executive

Michael J. Piazza, Jr.-Putnam County Commissioner of Mental Health, Youth Bureau & Social Services

**9:30 SafeTALK Training**

## **SAFETALK**

**Is a half day training that can help you make a difference...learn to identify persons with thoughts of suicide and connect them to suicide first aid resources.**

### **Why Come to SafeTALK?**

Most people with thoughts of suicide invite help. Often these opportunities are missed, dismissed or avoided-leaving people more alone and at greater risk.

In SafeTALK you will learn how to respond in ways that provide practical help.

### **After training, participants should be able to:**

- Challenge attitudes that inhibit open talk about suicide
- Recognize a person who might be having thoughts of suicide
- Engage them in direct and open talk about suicide
- Listen to the person's feelings about suicide to show that they are taken seriously
- Move quickly to connect them with someone trained in suicide intervention
- Acquire techniques for "self-care" and support for yourself when someone you care about is in crisis

## **Conference Planning Committee**

American Foundation for Suicide Prevention (AFSP)-Hudson Valley Chapter  
Child Advocacy Center of Putnam County  
Mental Health Association in Putnam County  
Putnam Hospital Center  
Putnam County Departments of Mental Health, Social Services & Youth Bureau  
Putnam County Veterans Service Agency  
Putnam Suicide Prevention Task Force

## **Conference Sponsors**

Mental Health Association in Putnam County, Inc.  
Putnam Hospital Center  
Putnam Suicide Prevention Task Force  
The New York State Office of Mental Health

## **Directions to Putnam Hospital Center**

**(845) 279-5711**

**[www.Health-Quest.org](http://www.Health-Quest.org)**

### **From I-84:**

Get off Exit 19 (Carmel). At end of ramp, turn right onto Route 312 and drive a little over a mile to the light. At light, turn right onto Route 6 and drive approximately 1-1/2 miles to third light. Turn left at light onto Stoneleigh Avenue and hospital is two miles up on the left.

### **From I-684:**

Get off at Exit 8 (Hardscrabble Road/Croton Falls). At end of ramp, follow directions to Croton Falls and drive a little over 1 mile, going through the town of Croton Falls to sign indicating Brewster straight ahead/Lake Mahopac left. Turn left and go .1 miles to light. At light, turn right onto Route 100/202 and go .1 mile. Turn left onto Stoneleigh Avenue and go approximately 2-1/2 miles and hospital is on the right.

Blue hospital signs (H) indicate directions from exits off both interstate highways.

**This training is being offered at no charge but pre-registration is required as  
space is extremely limited-no walk-ins will be accepted**

**Continental Breakfast and materials will be provided**

Name

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Agency:

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Address:

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Phone:

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Email:

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Mail, fax or email registration to MHA in Putnam-2505 Carmel Avenue, Suite 212-Brewster, NY 10509

fax-(845) 278-0600 email-mcastellano@mhaputnam.org

**Registration deadline-Monday, October 15, 2018-space is limited, please register early**

please call (845) 278-7600, ext. 202 or more information