

SPECTRUM

Sexuality Pride Empowerment Truth Unity MHA

OFFERED WEEKLY EACH WEDNESDAY EVENING STARTING AT 4:30 PM

LED BY NICOLE

SPECTRUM is a young adult focused a social forum and support group for LGBTQ individuals looking for a safe space to receive peer support, community resources, and acceptance.

SPECTRUM is a confidential, validating, and affirming group dedicated to serving the specific needs of the LGBTQ community ages 16 to 25.

FOR MORE INFORMATION PLEASE VISIT
THE MENTAL HEALTH ASSOCIATION WEBSITE AT:
MHAPUTNAM.ORG

