



What is a Recovery Center?

We who live with mental health issues often view ourselves as patients and forget that we are people first. The Clear Door Recovery Center is here to help you reignite your spark of life. Our Peer Recovery Coaches will work hand in hand with you to explore your dreams and develop a path to achieve them.

**THERE IS NO WRONG DOOR
YOU MAKE THE KEYS**

We have shared lived experience.

We are here to help you open the door to your future.

**Nothing is
Impossible.
the word says
I'm possible!**

~Audrey Hepburn~

Warmline support

- ◆ Information
- ◆ Referrals
- ◆ Peer Support
- ◆ Family Support

Recovery Coaching

- ◆ Needs Assessment
- ◆ Setting Goals
- ◆ Action Planning
- ◆ Dream Building
- ◆ Community Connection
- ◆ Socialization
- ◆ Exploration of work options

For more information contact:
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A Program of
MHA in Putnam County, Inc.

Clear Door Recovery Center

You hold the key.....to a better life

(845) 278-7600

www.mhaputnam.org



The Clear Door Recovery Center
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(845) 278-7600 Fax (845) 278-0600
A program of MHA in Putnam
www.mhaputnam.org

Recovery is possible for all

Opportunity

A full life means life beyond your diagnosis. We all have the opportunity to grow. Think about who you want to be, what you used to be, what you used to love to do, and what you want to try.

All paths are different, you are the expert on yourself. You're in the driver's seat. We are here to offer a helping hand along the way. To help you look inside yourself to explore your dreams.

Have you ever thought about trying a new hobby? Learning an instrument? Getting in shape? Exploring your artistic side? Volunteering? Trying your hand at employment? We recognize that change can be scary. We realize its not always a direct path to your dreams. You may encounter bumps in the road. We're here to help and support you.

By exploring your opportunities, growth & recovery are possible!

Our Mission Statement

The mission of the Mental Health Association in Putnam County is to promote wellness and recovery for individuals and their family members coping with mental health issues.

Our Core Values

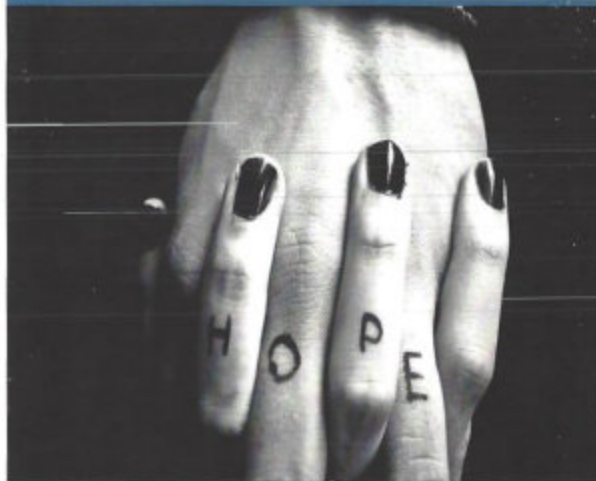
RESPECT: We believe in the inherent worth and dignity of each individual.

EMPOWERMENT: We believe that it is essential to support people to make their own life choices. We support people by helping them develop the tools that they need to become self-sufficient and by providing a non-judgmental, caring environment.

PROFESSIONALISM: We believe in a high standard of excellence in our service provision and, to that end, provide our staff with support and opportunities for growth and development.

HOPE: We believe that hope is the key to recovery.

ACCEPTANCE: We believe in promoting understanding and compassion as the means to eliminate the stigma associated with mental illness, with the goal of equality for all.



Our Programs

- ◆ Drop-In Center
- ◆ Warmline
- ◆ Self-help/mutual support
- ◆ Family Support
- ◆ Recovery Coaching
- ◆ Wellness Workshops
- ◆ Peer Networking
- ◆ Advocacy
- ◆ Community Integration
- ◆ Peer Bridging
- ◆ Community Education
- ◆ Vocational Rehabilitation
- ◆ Suicide Prevention Training

The Sky's the limit!



It's your program, just let us know what you want!

Contact us at (845)278-7600